

SUMMER 2024

# JUNIOR TENNIS



LAKE COUNTRY



# Wisconsin Athletic Club

# JUNIOR TENNIS

### Starter

The Starter Program is designed for any age junior without much tennis experience to be able to join a class and feel comfortable. We welcome ages 5 to teens who want to learn the game of tennis.

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 4-7 year olds.

### Intermediate

The Intermediate Program is for juniors with some tennis experience who want to continue to grow their skills. Key elements of our lessons include drills, stroke production, point play, game play, and fun.

### Advanced

The Advanced Program is for those juniors who have chosen an aggressive pathway for tennis including multiple days of play, practice, and tournament involvement. Our juniors have a high level of commitment in these group lessons so they encourage each other to improve.

### High Performance Team

The most aggressive developmental pathway to raise the level of tennis for the student. Class placement based on Universal Tennis Rating (UTR) guarantees high level hitting and competition suitable to the student. To ensure quality instruction, tennis pros will be team teaching these groups so students can get a variety of input from multiple professionals. We encourage the student to participate in multiple days of practice, lessons, and tournament play. Student must have a USTA State Ranking. Class placement based upon UTR.

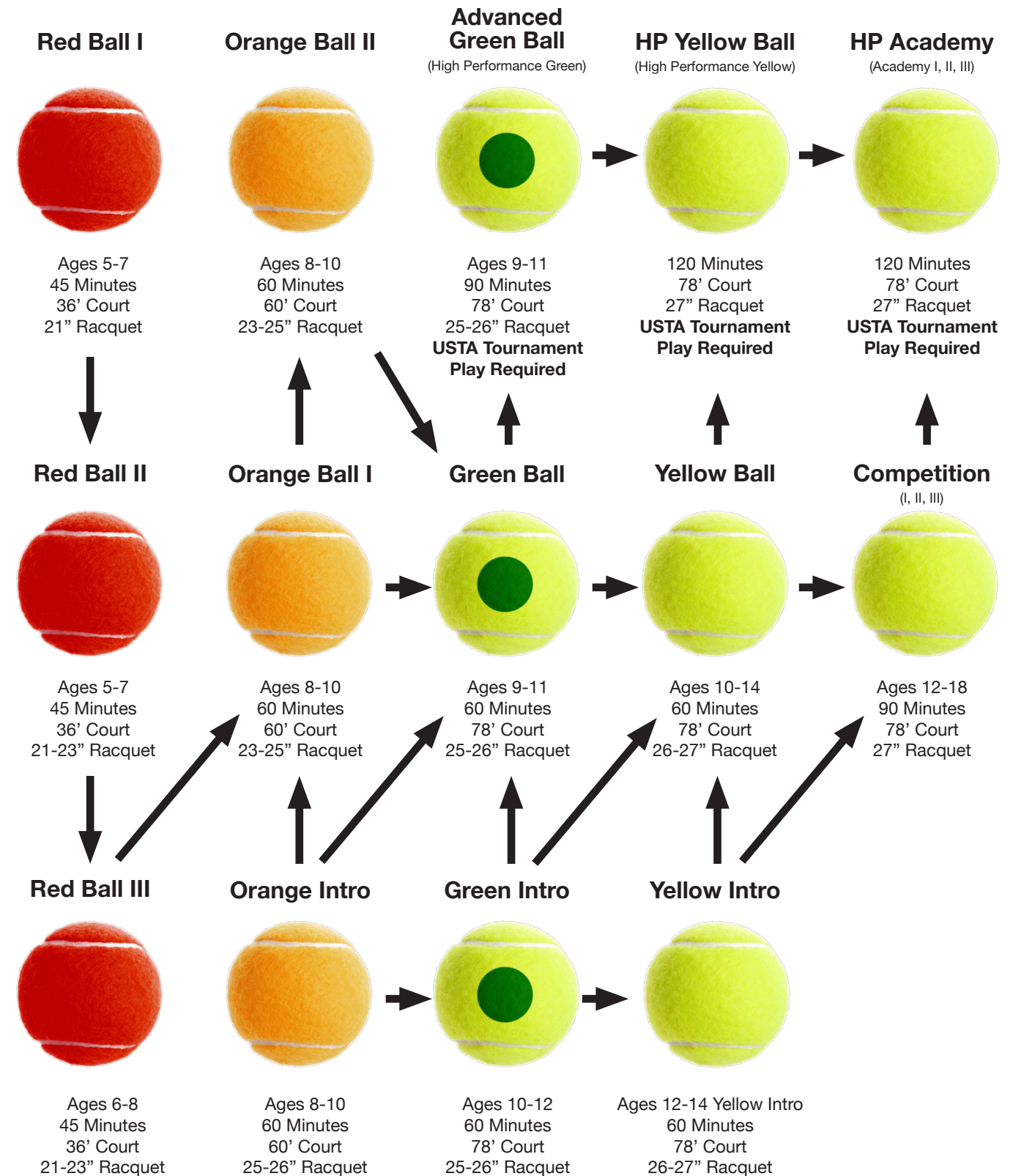
### Early Registration Discount

Receive a \$2.50 per class discount if you register before the early registration deadline.

### Tennis Viewing Gallery at Lake Country

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future. **Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.**



For more information contact

Starter | Intermediate | Advanced | Mano Kehoss at mkehoss@thewac.com

High Performance Teams | Tim Hartwick at thartwick@thewac.com

# JUNIOR TENNIS LEVELS

## **Red Ball I | Ages 5-6**

This class is for a beginning young tennis player.

## **Red Ball II | Ages 5-7**

This class is a continuation of Red Ball 1 with the coach's recommendation to move up, or the child is 6-7 years old and has played organized sports.

## **Red Ball III | Ages 6-7**

This group has advanced from Red Ball 2 and is ready to play out points across the large net service line to service line.

## **Orange Ball Intro | Ages 8-10**

This class is for students with little to no experience.

## **Green Ball Intro | Ages 10-12**

This class is for students with little to no experience.

## **Yellow Ball Intro | Ages 12-14**

This class is for students with little to no experience.

## **Orange Ball I | Ages 8-10**

This class uses the blue 60 ft USTA recommended lines.

This level player should have some experience in tennis or in another organized sport that also works on tracking skills. This class works on stroke production and trying to receive balls from other players so they can eventually rally.

## **Orange Ball II | Ages 8-10**

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full point with self feeds and by serving. Serving may not be consistent yet.

## **Advanced Orange Ball | Ages 9-10**

This class will often replicate drills that started with Orange Balls and then switch to Green Dot Balls. This will push the limits of what the students can handle as well as prepare them for the next level class which is Green Dot.

## **Advanced Green Ball | Ages 9-11**

This class is Pro-Approved and students must have leveled out of Orange Ball 2. Students can consistently serve, rally more than 6 shots in a row, can aim groundstrokes, volley

from the net, play out singles points with the serve and play out proper serving doubles points with pro assistance on positions.

## **Green Ball | Ages 9-11**

This class is playing on the full court with the USTA recommended Green Dot ball which is 25% reduced bounce. This class has experience and is working on getting more consistent at base fundamentals. The continental grip is being used on the serve technique and working on being able to use topspin on the ground strokes. Volleys are being used as doubles play is more involved.

## **Yellow Ball | Ages 11-14**

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

## **Competition I | Ages 12-14**

This class should be able to play with topspin and working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience doing so.

## **Competition II | Ages 13-16**

This class can play with topspin and is working on using some slice during point play. Flat and spin serves with the proper grips should be consistent. This player is ready for high school tennis

## **Competition III | Ages 13-17**

This class is for a high school JV level player or Varsity level player depending the school.

## **Girls High School JV | Ages 13-17**

This class should have experience and is either going out for high school tennis or has already played a season on a freshman or lower JV position.

## **Girls High School Varsity | Ages 13-17**

This class is ready to play JV or Varsity for high school tennis depending on the strength of the team.

For more information contact

Starter | Intermediate | Advanced | Mano Kehoss at [mkehoss@thewac.com](mailto:mkehoss@thewac.com)

High Performance Teams | Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)



# STARTER SUMMER TENNIS

**JULY 15 - AUGUST 23, 2024**

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 4-7.

**Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

**REGISTRATION BEGINS**

WAC Advantage Members • Monday, May 6 at 12pm  
 WAC Fitness Members and Non-Members • Monday, May 13 at 12pm  
 Register at the Front Desk, online or via the WAC Tennis app.  
 Any questions on Starter Classes can be directed to Mano Kehoss, mkehoss@thewac.com.

**RED BALL I | Ages 5-7 (45-minute class)**

Class Options:

- Tuesday • 11:00am Jeff                      Thursday • 10:45am Conner  
 Tuesday • 4:00pm Alex                      Thursday • 5:00pm Jeff

**RED BALL II | Ages 5-7 (45-minute class)**

Class Options:

- Tuesday • 11:00am Conner                      Thursday • 10:45am Alex  
 Tuesday • 4:00pm Jeff                      Thursday • 5:00pm Conner

**RED BALL III | Ages 6-8 (45-minute class)**

Class Options:

- Tuesday • 11:00am Jake                      Thursday • 4:00pm Jeff  
 Tuesday • 3:30pm Conner

**ORANGE BALL INTRO | Ages 8-10 (60-minute class)**

Class Options:

- Tuesday • 12:00pm Jeff                      Thursday • 11:30am Alex

**ORANGE BALL I | Ages 8-10 (60-minute class)**

Class Options:

- Tuesday • 11:00am Chris                      Tuesday • 5:00pm Jeff

**GREEN BALL INTRO | Ages 10-12 (60-minute class)**

Class Options:

- Thursday • 11:00am Chris                      Thursday • 4:00pm Conner

**YELLOW BALL INTRO | Ages 12-14 (60-minute class)**

Class Options:

- Monday • 12:30pm Jack                      Tuesday • 1:00pm Jeff

Red Ball I, II, III (Early Registration Pricing)		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Thu	\$120.00	\$120.00
Late Registration Pricing (after 7/8/24)		
Tue   Thu	\$135.00	\$135.00

Orange Ball Intro (Early Registration Pricing)		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Thu	\$144.00	\$144.00
Late Registration Pricing (after 7/8/24)		
Tue   Thu	\$159.00	\$159.00

Orange Ball I, Green & Yellow Ball Intro (Early Registration Pricing)		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Mon   Tue   Thu	\$144.00	\$180.00
Late Registration Pricing (after 7/8/24)		
Mon   Tue   Thu	\$159.00	\$195.00

**REGISTRATION BEGINS**

WAC Advantage Members • Monday, May 6 at 12pm  
 WAC Fitness Members and Non-Members • Monday, May 13 at 12pm  
 Register at the Front Desk, online or via the WAC Tennis app.  
 Any questions on Starter Classes can be directed to Mano Kehoss, mkehoss@thewac.com.



# INTERMEDIATE SUMMER TENNIS

## JULY 15 - AUGUST 23, 2024

### ADVANCED ORANGE BALL | Ages 9-10 (90-minute class)

Class Options:

Wednesday • 11:30am Jack

### ORANGE BALL II | Ages 8-10 (60-minute class)

Class Options:

Monday • 10:30am Jack      Tuesday • 5:00pm Mano

Tuesday • 12:00pm Conner

### GREEN BALL | Ages 9-11 (60-minute class)

Class Options:

Monday • 11:30am Jack      Tuesday • 5:00pm Alex

Tuesday • 12:00pm Jake

### YELLOW BALL | Ages 10-14 (60-minute class)

Class Options:

Monday • 1:00pm Jake      Tuesday • 4:00pm Mano

Tuesday • 1:00pm Mano      Thursday • 10:00am Chris

### ADVANCED GREEN BALL

**(PRO-APPROVED)** Ages 9-11 (90-minute class)

Class Options:

Tuesday • 10:45am Mano      Wednesday • 12:30pm Jack

### Junior Program Policies:

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

Advanced Orange Ball, Orange Ball II, Green Ball, and Yellow Ball (Early Registration Pricing)		
	WAC Advantage Member	WAC Fitness Member/Non-Member
Mon   Tue Wed   Thu	\$144.00	\$180.00
Late Registration Pricing (after 7/8/24)		
Mon   Tue Wed   Thu	\$159.00	\$195.00

Advanced Green Ball (Early Registration Pricing)		
	WAC Advantage Member	WAC Fitness Member/Non-Member
Tue   Wed   Thu	\$216.00	\$258.00
Late Registration Pricing (after 7/8/24)		
Tue   Wed   Thu	\$231.00	\$273.00

## REGISTRATION BEGINS

WAC Advantage Members • Monday, May 6 at 12pm

WAC Fitness Members and Non-Members • Monday, May 13 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Mano Kehoss, mkehoss@thewac.com.



*Advanced classes are only available to WAC Advantage Members*

# ADVANCED SUMMER TENNIS

## JULY 15 - AUGUST 23, 2024

### COMPETITION I | *Ages 12-14 (90-minute class)*

Class Options:

Monday • 2:00pm Jake

Thursday • 2:30pm Mano

Tuesday • 1:00pm Chris

### COMPETITION II | *Ages 12-16 (90-minute class)*

Class Options:

Monday • 3:30pm Jake

Thursday • 1:30pm Jack

Tuesday • 2:30pm Mano

### HIGH SCHOOL GROUPS *(90-minute class)*

Class Options:

Tuesday • 1:00pm Jake - JV

Wednesday • 3:00pm Jack - Varsity

Wednesday • 4:30pm Jack - JV

Thursday • 1:00pm Alex - Varsity

### Junior Program Policies:

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

Competition I, II, High School Groups (Early Registration Pricing)	
	WAC Advantage Member
Mon   Tue   Wed   Thu	\$216.00
Late Registration Pricing (after 7/8/24)	
Mon   Tue   Wed   Thu	\$231.00

## REGISTRATION BEGINS

WAC Advantage Members • Monday, May 6 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Advanced Classes can be directed to Mano Kehoss, mkehoss@thewac.com.



*High Performance is only available to WAC Advantage Members*

# HIGH PERFORMANCE SUMMER TENNIS

**JUNE 10 - AUGUST 23, 2024**

In order to work around your busy summer schedules, participants in High Performance Yellow Ball and above can register for classes throughout the entire length of the summer and pick the days they can attend.

Please email all the dates you will be registering your child for in advance. The same UTR criteria will be used for placement.

*Registration for any classes must be at least 48 hours prior to class start. Registration cancellations must be made at least 48 hours prior to class start to avoid a class fee.*

**All High Performance Classes must be Pro-Approved**

## HIGH PERFORMANCE YELLOW BALL

Class Options: *(90-minutes on court plus 30-minute fitness class)*

Thursday • 4:00pm Jack

## HIGH PERFORMANCE ACADEMY #1

Class Options: *(90-minutes on court plus 30-minute fitness class)*

Monday • 4:00pm Tim/Conner

Tuesday • 4:00pm Ryan/Conner/Tim

Wednesday • 4:00pm Jake/Alex

## HIGH PERFORMANCE ACADEMY #2

Class Options: *(90-minutes on court plus 30-minute fitness class)*

Monday • 9:30am Tim/Alex

Thursday • 4:00pm Ryan/Jake

## HIGH PERFORMANCE ACADEMY #3

Class Options: *(90-minutes on court plus 30-minute fitness class)*

Monday • 5:30pm Tim/Jack

### Junior Program Policies:

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

High Performance Yellow Ball, Academy #1, #2 & #3, (Early Registration Pricing)	
	WAC Advantage Member
Mon   Tue   Wed   Thu	\$46.00 per class
Late Registration Pricing (after 7/8/24)	
Mon   Tue   Wed   Thu	\$46.00 per class

### REGISTRATION BEGINS

WAC Advantage Members • Monday, May 6 at 12pm

Email [thartwick@thewac.com](mailto:thartwick@thewac.com) to register.

Any questions on High Performance classes can be directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).

### REGISTRATION BEGINS

WAC Advantage Members • Monday, May 6 at 12pm

Email [thartwick@thewac.com](mailto:thartwick@thewac.com) to register.

Any questions on High Performance classes can be directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).

# SUMMER 2024



**For more information contact:**

Starter | Intermediate | Advanced  
Mano Kehoss at [mkehoss@thewac.com](mailto:mkehoss@thewac.com)

High Performance Teams  
Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)

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