

INDOOR WATER SCHEDULE

EXERCISE POOL		Total Length = 16 ya	rds • 55 laps (110 length	s) = 1 mile 86-88°F
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ADULT SWIM 4:00am-8:20am	ADULT SWIM 4:00am-8:00am	ADULT SWIM 4:00am-7:30am	ADULT SWIM 4:00am-8:00am	ADULT SWIM 4:00am-8:00am
WATER POWER 8:20am-9:05am ★	WATER ★ 8:15am-9:00am	WATER ★ 7:45am-8:25am	WATER ★ 8:15am-9:10am	WATER 8:15am-9:00am
WATER LITE 9:15am-10:00am ★	WATER ★ 9:15am-10:00am	WATER ★ 8:30am-9:15am	OPEN SWIM 9:15am-1:00pm	WATER
ADULT SWIM 10:15am-11:00am	SWIM LESSONS ★● 10:15am-11:30am	ADULT SWIM 9:30am-10:30am	WATER ★ 1:00pm-1:45pm	ADULT SWIM 10:10am-2:00pm
OPEN SWIM 11:00am-4:00pm	ADULT SWIM 11:30am-3:00pm	OPEN SWIM 10:30am-1:30pm	ADULT SWIM 1:50pm-4:15pm	OPEN SWIM 2:00pm-5:30pm
ADULT SWIM 4:00pm-6:00pm	OPEN SWIM 3:00pm-5:50pm	ADULT SWIM 1:30pm-4:15pm	SWIM LESSONS ★● 4:30pm-6:00pm	FAMILY SWIM 5:30pm-7:30pm
AQUA ZUMBA 6:15pm-7:10pm ★	WATER POWER ★ 6:00pm-6:55pm	SWIM LESSONS ★● 4:30pm-7:00pm	AQUA ZUMBA® ★ 6:15pm-7:10pm	
OPEN SWIM 7:15pm-9:30pm	ADULT SWIM 7:05pm-9:30pm	ADULT SWIM 7:00pm-9:30pm	OPEN SWIM 7:15pm-9:30pm	
			SATURDAY	SUNDAY
Sign up through the WAC App is required for all Complimentary Classes.			ADULT SWIM 6:30am-9:00am	ADULT SWIM 6:30am-11:00am
			SWIM LESSONS ★●	OPEN SWIM

- ★ Indicates **No Swimming** the pool is reserved for classes.
- Indicates that registration and/or additional fee may apply. Register on the WAC+ App.

Note: Private swim lessons may occur during Open and Adult Swim in both the Exercise and Lap Pool.

SATURDAY	SUNDAY	
ADULT SWIM 6:30am-9:00am	ADULT SWIM 6:30am-11:00am	
SWIM LESSONS ★● 9:15am-11:30am	OPEN SWIM 11:00am-4:00pm	
ADULT SWIM 11:30am-1:00pm	ADULT SWIM 4:00pm-6:30pm	
OPEN SWIM 1:00pm-6:30pm		

LAP POOL	Total Length = 25 yards • 35 laps (70 lengths) = 1 mile 80-82°F				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ADULT SWIM 4:00am-9:30pm	ADULT SWIM 4:00am-9:30pm	ADULT SWIM 4:00am-4:50pm	ADULT SWIM 4:00am-4:15pm	ADULT SWIM 4:00am-7:30pm	
SATURDAY	SUNDAY	SWIM CLUB & ★● SWIM LESSON 5:00pm-6:40pm	SWIM LESSONS ★●		
ADULT SWIM 6:30am-8:00am	ADULT SWIM 6:30am-6:30pm		4:30pm-5:55pm ADULT SWIM		
		ADULT SWIM	6:00pm-9:30pm		
SWIM CLUB ★● 8:15am-9:15am		6:45pm-9:30pm			
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JULY-AUGUST

ADULT SWIM 9:15am-6:30pm